

## How to Identify Your Career Skills

*If you are in a career transition, and you haven't yet identified possible new career directions, it is crucial now to really dig deep and figure out what skills have made you successful so far in your career.*

*Understanding your career skills can open up a multitude of new [career directions](#).*

*Think back to what you most enjoyed doing in all your past jobs. Put a little report together of all your favorite tasks. Then, study each task one by one and ask yourself "what was it that me good at this?", "which abilities did I utilize to be successful at this task?"*

*You'll find that the answers reveal things about your inner self, and what makes you thrive, what gives you a rush, what excites you. That data will then reveal [your skills](#).*

*If you are targeting a job you've never done before, your tasks will have little impact on the employer, unless you can convey how they translate into something of value to him.*

*In this case, your presentation should be based on your transferable skills. Everything you want to convey can be presented in a language that is relevant to the reader. You can find some professional career and job help on [CraftResumes](#) and change your life for better. Just trust our writers and save your time!*